



Your Impact on Youth

It's more than likely someone in your life has been impacted by Big Brothers Big Sisters of Waterloo Region. Mentoring is a powerful intervention tool that brings about individual change and progress. A relationship with an adult mentor provides stability, support and guidance in the healthy development of a child.

Your fundraising will support a variety of mentoring programs that will **strengthen the skills of children** in Waterloo Region.

Program Stats

Children Who Are Mentored Have...

- Highly developed social skills
- Improved problem solving skills and life skills
- Greater sense of self-confidence and self-esteem
- A belief that the future holds promise





Community Based



Big Brother/Big Sister mentoring matches children and youth with an adult Mentor to hangout, connect and talk with throughout the year. The goal is for children and youth to become empowered to live their potential.



Big Bunch provides children and youth with mentoring support through group-based recreational programming. By participating in recreational activities children and youth develop self-esteem and social skills.



Summer Discovery provides Newcomer children and youth with the opportunity to experience a recreation and education based day camp within their community.

School Based



In-School Mentoring provides elementary students who could benefit from extra emotional, social or academic support, with a caring adult mentor. The goal is for students to become engaged, connected and confident members of their school and community.



Go Girls! and Game On! group programs are designed for girls and boys ages 12-14 and provides them with information to help make informed choices about healthy, active living. The goal of the program is that participants develop self-esteem, healthy eating habits and be physically active.

